

INFORMATION ON EEG AND BRAIN MAP RECORDINGS

1. **Wash your hair thoroughly.** Your scalp must be clean and oil free. It is best to carefully wash your hair two (2) times with a mild shampoo, without anti-dandruff preparations, on the morning of the test. **Do not use any other hair products, such as hair sprays or gels,** after shampooing as these products can affect the accuracy of the testing by interfering with the purity of the electrical signal obtained from the scalp. After the test, your hair will be slightly disarrayed, but the technician will clean your scalp and help you rearrange your hair.
2. If you wear contact lenses please **do not** wear them the day of your QEEG. Be sure to bring your glasses to the appointment.
3. **Eat a good meal sometime before the brain map and try to get a good night's sleep. Do not drink any caffeinated beverages two hours prior to your appointment.**
4. **There is a \$150.00 charge for no shows or late cancellations. Please cancel appointments 24 hours before the test date.**
5. Reports that are sent out for processing and may take up to two weeks. At times, due to technical difficulties, vacations, etc., the time required may be longer.
6. Our technician makes every effort to obtain the cleanest artifact free recording possible. However, some patient's are fidgety, hyperactive, tense, anxious or unable to sit quietly with eyes still and muscles relaxed. The greatest care will be exercised by our staff and consultants to edit out as much artifact as possible, but ultimately, it is your responsibility to sit still, relaxed and especially to keep your eyes still and jaw muscles limp and relaxed.
7. BiofeedbackWorks does not make diagnoses on the basis of these EEG reports but refers out to neurologists who are solely responsible for their diagnostic findings, impressions and recommendations.
8. The Clinic Director, Dawn Perez, MA, is a Licensed Professional Counselor, Nationally Certified Counselor and a Board-Certified EEG Biofeedback (BCIA). Correlations of map results are based on comparing the QEEG/Topographic Brain Maps to the published literature and are not a diagnosis. If a diagnosis is made, it is based on a combination of assessment strategies including rating scales, history, testing, observation, and clinical opinion. If required, EEG biofeedback recommendations to other clinicians can be requested. They are to be used only as guidelines for EEG biofeedback therapy by the referring clinician, who has evaluated the patient and will make his or her own decisions about the diagnosis, EEG biofeedback treatment plan, and the appropriateness of these recommendations for their patient.
9. I give my permission to use the maps for educational and research purposes. There will be no identifying information regarding your identity (e.g., no names, etc.).

Print Name: _____

Signature: _____ Date: _____

Appointment Date: _____ Time: _____